

## Course References

Administration SA and MHS. Table 3.15, DSM-IV to DSM-5 Generalized Anxiety Disorder Comparison. Published June 2016. Accessed February 17, 2023.

<https://www.ncbi.nlm.nih.gov/books/NBK519704/table/ch3.t15/>

Clarke TC, Black LI, Stussman BJ, Barnes PM, Nahin RL. Trends in the use of complementary health approaches among adults: United States, 2002-2012. *Natl Health Stat Report*. 2015;(79):1-16.

Clarke TC, Barnes PM, Black LI, Stussman BJ, Nahin RL. Use of yoga, meditation, and chiropractors among U.S. adults aged 18 and over. *NCHS Data Brief*. 2018;(325):1-8. Accessed March 6, 2023. <https://pubmed.ncbi.nlm.nih.gov/30475686/>

Diagnostic and Statistical Manual of Mental Disorders. DSM Library. Accessed February 17, 2023. <https://dsm.psychiatryonline.org/doi/book/10.1176/appi.books.9780890425596>

Henry TL, Jetty A, Petterson S, et al. Taking a closer look at mental health treatment differences: effectiveness of mental health treatment by provider type in racial and ethnic minorities. *J Prim Care Community Health*. 2020;11:2150132720966403. doi:[10.1177/2150132720966403](https://doi.org/10.1177/2150132720966403)

Fletcher MA. Poll: Black Americans see a health-care system infected by racism. *National Geographic*. Published October 16, 2020. Accessed March 6, 2023. <https://www.nationalgeographic.com/history/article/black-americans-see-health-care-system-infected-racism-new-poll-shows>

Keegan L. Therapies to reduce stress and anxiety. *Critical Care Nursing Clinics of North America*. 2003;15(3):321-327. doi:[10.1016/S0899-5885\(02\)00103-X](https://doi.org/10.1016/S0899-5885(02)00103-X)

Kozlov E, Phongtankuel V, Prigerson H, et al. Prevalence, severity, and correlates of symptoms of anxiety and depression at the very end of life. *Journal of Pain and Symptom Management*. 2019;58(1):80-85. doi:[10.1016/j.jpainsymman.2019.04.012](https://doi.org/10.1016/j.jpainsymman.2019.04.012)

Kroenke K, Spitzer RL, Williams JBW, Löwe B. An ultra-brief screening scale for anxiety and depression: the PHQ-4. *Psychosomatics*. 2009;50(6):613-621. doi:[10.1176/appi.psy.50.6.613](https://doi.org/10.1176/appi.psy.50.6.613)

Martin KD, Roter DL, Beach MC, Carson KA, Cooper LA. Physician communication behaviors and trust among black and white patients with hypertension. *Medical Care*. 2013;51(2):151. doi:[10.1097/MLR.0b013e31827632a2](https://doi.org/10.1097/MLR.0b013e31827632a2)

Mavissakalian M, Perel J, Bowler K, Dealy R. Trazodone in the treatment of panic disorder and agoraphobia with panic attacks. *Am J Psychiatry*. 1987;144(6):785-787. doi:[10.1176/ajp.144.6.785](https://doi.org/10.1176/ajp.144.6.785)

Oxford University Press; 2005: 747. British National Formulary (BNF) 65. ISBN 9780857110848., Pharmaceutical Press, London 2013, p 247.

Spitzer RL, Kroenke K, Williams JBW, Löwe B. A brief measure for assessing generalized anxiety disorder: the GAD-7. *Archives of Internal Medicine*. 2006;166(10):1092-1097. doi:[10.1001/archinte.166.10.1092](https://doi.org/10.1001/archinte.166.10.1092)

## Additional Resources

Alici Y, Levin TT. Anxiety disorders. In: *Psycho-oncology*. 2nd ed. New York, NY: Oxford University Press; 2010:324.

Akechi T, Okuyama T, Onishi J, Morita T, Furukawa TA. Psychotherapy for depression among incurable cancer patients. *Cochrane Database Syst Rev*. 2008;2008(2):CD005537. Published 2008 Apr 16. doi:[10.1002/14651858.CD005537.pub2](https://doi.org/10.1002/14651858.CD005537.pub2)

American Psychiatric Association. *Diagnostic and Statistical Manual of Mental Disorders*. 5th ed. Washington, DC: American Psychiatric Press; 2013.

Anderson WG, Alexander SC, Rodriguez KL, et al. "What concerns me is..." Expression of emotion by advanced cancer patients during outpatient visits. *Support Care Cancer*. 2008;16(7):803-811. doi:[10.1007/s00520-007-0350-8](https://doi.org/10.1007/s00520-007-0350-8)

Andersen BL, DeRubeis RJ, Berman BS, et al. Screening, assessment, and care of anxiety and depressive symptoms in adults with cancer: an American Society of Clinical Oncology guideline adaptation. *J Clin Oncol*. 2014;32(15):1605-1619. doi:[10.1200/JCO.2013.52.4611](https://doi.org/10.1200/JCO.2013.52.4611)

Andrykowski MA, Kangas M. Posttraumatic stress disorder associated with cancer diagnosis and treatment. In: Holland JC, Breitbart WS, Jacobsen PB, et al, eds. *Psycho-Oncology*. 2nd ed. New York, NY: Oxford University Press; 2010: 348.

Atkinson JH Jr, Grant I, Kennedy CJ, Richman DD, Spector SA, McCutchan JA. Prevalence of psychiatric disorders among men infected with human immunodeficiency virus. A controlled study. *Arch Gen Psychiatry*. 1988;45(9):859-864. doi:[10.1001/archpsyc.1988.01800330091011](https://doi.org/10.1001/archpsyc.1988.01800330091011)

Austin P, Wiley S, McEvoy PM, Archer L. Depression and anxiety in palliative care inpatients compared with those receiving palliative care at home. *Palliat Support Care*. 2011;9(4):393-400. doi:[10.1017/S1478951511000411](https://doi.org/10.1017/S1478951511000411)

Block SD. Psychological issues in end-of-life care. *J Palliat Med*. 2006;9(3):751-772. doi:[10.1089/jpm.2006.9.751](https://doi.org/10.1089/jpm.2006.9.751)

Bonnet U, Specka M, Stratmann U, Ochwaldt R, Scherbaum N. Abstinence phenomena of chronic cannabis-addicts prospectively monitored during controlled inpatient detoxification: cannabis withdrawal syndrome and its correlation with delta-9-tetrahydrocannabinol and -metabolites in serum. *Drug Alcohol Depend*. 2014;143:189-197. doi:[10.1016/j.drugalcdep.2014.07.027](https://doi.org/10.1016/j.drugalcdep.2014.07.027)

Breitbart W, Chochinov HM, Passik S. Psychiatric symptoms in palliative medicine. In: Doyle D, Hanks GWC, Cherny NI, Calman K, eds. *Oxford Textbook of Palliative Medicine*. 3rd ed. New York, NY: Oxford University Press, 2004.

Bruera E, MacEachern T, Ripamonti C, Hanson J. Subcutaneous morphine for dyspnea in cancer patients. *Ann Intern Med*. 1993;119(9):906-907. doi:[10.7326/0003-4819-119-9-199311010-00007](https://doi.org/10.7326/0003-4819-119-9-199311010-00007)

- Fava GA, Porcelli P, Rafanelli C, Mangelli L, Grandi S. The spectrum of anxiety disorders in the medically ill. *J Clin Psychiatry*. 2010;71(7):910-914. doi:[10.4088/JCP.10m06000blu](https://doi.org/10.4088/JCP.10m06000blu)
- Greer JA, Traeger L, Bemis H, et al. A pilot randomized controlled trial of brief cognitive-behavioral therapy for anxiety in patients with terminal cancer. *Oncologist*. 2012;17(10):1337-1345. doi:[10.1634/theoncologist.2012-0041](https://doi.org/10.1634/theoncologist.2012-0041)
- Irwin SA, Montross LP, Chochinov HM. What treatments are effective for anxiety in patients with serious illness? In: Morrison RS, Goldstein N, eds. *Evidence-Based Practice of Palliative Medicine*. Philadelphia, PA: Elsevier Saunders; 2012: 191-198.
- Irwin SA, Pirrello RD, Hirst JM, Buckholz GT, Ferris FD. Clarifying delirium management: practical, evidenced-based, expert recommendations for clinical practice. *J Palliat Med*. 2013;16(4):423-435. doi:[10.1089/jpm.2012.0319](https://doi.org/10.1089/jpm.2012.0319)
- Kangas M, Henry JL, Bryant RA. Posttraumatic stress disorder following cancer. A conceptual and empirical review. *Clin Psychol Rev*. 2002;22(4):499-524. doi:[10.1016/s0272-7358\(01\)00118-0](https://doi.org/10.1016/s0272-7358(01)00118-0)
- Lo C, Hales S, Jung J, et al. Managing Cancer And Living Meaningfully (CALM): phase 2 trial of a brief individual psychotherapy for patients with advanced cancer. *Palliat Med*. 2014;28(3):234-242. doi:[10.1177/0269216313507757](https://doi.org/10.1177/0269216313507757)
- Loprinzi CL, Lacchetti C, Bleeker J, et al. Prevention and Management of Chemotherapy-Induced Peripheral Neuropathy in Survivors of Adult Cancers: ASCO Guideline Update. *J Clin Oncol*. 2020;38(28):3325-3348. doi:[10.1200/JCO.20.01399](https://doi.org/10.1200/JCO.20.01399)
- Löwe B, Decker O, Müller S, et al. Validation and standardization of the Generalized Anxiety Disorder Screener (GAD-7) in the general population. *Med Care*. 2008;46(3):266-274. doi:[10.1097/MLR.0b013e318160d093](https://doi.org/10.1097/MLR.0b013e318160d093)
- Massie MJ, Shakin E. Management of depression and anxiety in cancer patients. In: Breitbart W, Holland JC, eds. *Psychiatric Aspects of Symptom Management in Cancer Patients*. Washington, DC: *American Psychiatric Pub*; 1993:1.
- Matsuoka H, Iwase S, Miyaji T, et al. Additive Duloxetine for Cancer-Related Neuropathic Pain Nonresponsive or Intolerant to Opioid-Pregabalin Therapy: A Randomized Controlled Trial (JORTC-PAL08). *J Pain Symptom Manage*. 2019;58(4):645-653. doi:[10.1016/j.jpainsymman.2019.06.020](https://doi.org/10.1016/j.jpainsymman.2019.06.020)
- National Center for Complementary and Integrative Health, National Institutes of Health: Complementary, Alternative, or Integrative Health: What's In a Name? Updated April 2021. Accessed March 7, 2023. <https://www.nccih.nih.gov/health/complementary-alternative-or-integrative-health-whats-in-a-name>
- National Center for Complementary and Integrative Health, National Institutes of Health: Cancer: In Depth. Updated October 2021. Accessed March 7, 2023. <https://www.nccih.nih.gov/health/cancer-and-complementary-health-approaches-what-you-need-to-know>
- Nissim R, Freeman E, Lo C, et al. Managing Cancer and Living Meaningfully (CALM): a qualitative study of a brief individual psychotherapy for individuals with advanced cancer. *Palliat Med*. 2012;26(5):713-721. doi:[10.1177/0269216311425096](https://doi.org/10.1177/0269216311425096)

Payne DK, Massie MJ. Anxiety in palliative care. In: Chochinov HM, Breitbart W, eds. *Handbook of Psychiatry in Palliative Medicine*. New York, NY: Oxford University Press; 2000: 435.

Roth A, Nelson CJ, Rosenfeld B, et al. Assessing anxiety in men with prostate cancer: further data on the reliability and validity of the Memorial Anxiety Scale for Prostate Cancer (MAX-PC). *Psychosomatics*. 2006;47(4):340-347. doi:[10.1176/appi.psy.47.4.340](https://doi.org/10.1176/appi.psy.47.4.340)

Shalev AY, Schreiber S, Galai T, Melmed RN. Post-traumatic stress disorder following medical events. *Br J Clin Psychol*. 1993;32(2):247-253. doi:[10.1111/j.2044-8260.1993.tb01052.x](https://doi.org/10.1111/j.2044-8260.1993.tb01052.x)

Smith MY, Redd W, DuHamel K, Vickberg SJ, Ricketts P. Validation of the PTSD Checklist-Civilian Version in survivors of bone marrow transplantation. *J Trauma Stress*. 1999;12(3):485-499. doi:[10.1023/A:1024719104351](https://doi.org/10.1023/A:1024719104351)

Smith EM, Pang H, Cirrincione C, et al. Effect of duloxetine on pain, function, and quality of life among patients with chemotherapy-induced painful peripheral neuropathy: a randomized clinical trial. *JAMA*. 2013;309(13):1359-1367. doi:[10.1001/jama.2013.2813](https://doi.org/10.1001/jama.2013.2813)

Spencer R, Nilsson M, Wright A, Pirl W, Prigerson H. Anxiety disorders in advanced cancer patients: correlates and predictors of end-of-life outcomes. *Cancer*. 2010;116(7):1810-1819. doi:[10.1002/cncr.24954](https://doi.org/10.1002/cncr.24954)

Wilson KG, Chochinov HM, Skirko MG, et al. Depression and anxiety disorders in palliative cancer care. *J Pain Symptom Manage*. 2007;33(2):118-129. doi:[10.1016/j.jpainsymman.2006.07.016](https://doi.org/10.1016/j.jpainsymman.2006.07.016)

Zuckoff A, Shear K, Frank E, Daley DC, Seligman K, Silowash R. Treating complicated grief and substance use disorders: a pilot study. *J Subst Abuse Treat*. 2006;30(3):205-211. doi:[10.1016/j.jsat.2005.12.001](https://doi.org/10.1016/j.jsat.2005.12.001)

Updated: 3/6/2023