

# **Best Practices in Dementia Care Designation**

This learning pathway provides comprehensive continuing education on practical strategies to support patients living with dementia, and their families. Clinicians can use CAPC Designation to demonstrate expertise in caring for patients with Alzheimer's Disease and other dementias.

#### Relieving Distress in People Living With Dementia and Their Caregivers

Gain an overview of the experience of living with dementia and learn how to relieve distress for patients with dementia, and their caregivers.

#### Discussing a Diagnosis of Dementia With Your Patient

Learn how to discuss a dementia diagnosis with patients and caregivers in a way that is sensitive, clear, and supportive.

#### Communicating What to Expect Throughout the Trajectory of Dementia

Learn techniques for supportive communication with people living with dementia, and their caregivers, to help them prepare for the challenges they may face as dementia progresses.

#### Planning for the Future After a Dementia Diagnosis

Learn how to facilitate future planning discussions with people living with dementia, and their caregivers.

#### Caring for Caregivers of People Living With Dementia

Learn how to assess caregiver burden and connect caregivers with needed support systems.

#### Behaviors as a Form of Communication in People Living With Dementia

Learn about the sources of behavioral symptoms for people living with dementia and how to respond to them.

#### Managing Mood and Sleep Disturbances in People Living With Dementia

Learn how to relieve suffering from common mood and sleep disturbances in order to improve quality of life for people living with dementia, and caregivers.

### **Managing Complications in Advanced Dementia**

Learn about common health complications for people living with advanced dementia and how to support patients and caregivers.

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