

# Foundational Skills for Home Health Aides and Certified Nursing Assistants

This Learning Pathway contains comprehensive training to help home health aides (HHAs) and certified nursing assistants (CNAs) address the unique needs of patients and families living with serious illness. Clinical topics include assessing patient needs and concerns as well as understanding and relieving suffering.

#### **Introduction to Palliative Care for Health Professionals**

An introduction to palliative care, how it is delivered, its impact on quality of life, and the growing population of patients who need it.

#### A Palliative Approach to Care for Direct Care Workers

The role of the direct care worker in observing and reporting suffering in patients with serious illness.

### Reducing Risks for Older Adults

This course provides context and best practices for identifying older adults at risk for poor outcomes, including falls, delirium, and caregiving challenges.

#### **Course 1: Comprehensive Pain Assessment**

Conducting a comprehensive pain assessment to guide safe and effective treatment.

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