

# Hospice Care

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This learning pathway includes continuing education resources for hospice teams to strengthen their skills in symptom management, communication with patients about goals of care, and support for family caregivers.

## **Nausea/Vomiting**

Nausea and vomiting are common symptoms of serious illness and can cause dangerous complications. After completing this course, learners will be equipped with practical skills to identify, manage, and reduce these symptoms.

## **Dyspnea**

After completing this course, learners will have the tools they need to manage dyspnea, including the physical causes of shortness of breath and the emotional impact on the patient.

## **Constipation**

Constipation occurs in at least 70% of patients living with a serious illness and often goes unrecognized. After completing this course, learners will have the tools to successfully identify and manage the impact of constipation.

## **Managing Mood and Sleep Disturbances in People Living With Dementia**

Learn how to relieve suffering from common mood and sleep disturbances in order to improve quality of life for people living with dementia, and caregivers.

## **Course 1: Comprehensive Pain Assessment**

Conducting a comprehensive pain assessment to guide safe and effective treatment.

## **Course 14: Pain Management: Putting it All Together**

Safe opioid prescribing for patients with serious illness, using the Federation of State Medical Boards (FSMB) Guidelines for the Chronic Use of Opioid Analgesics.

## **Prescribing Opioids: A Pocket Reference**

Opioid pocket reference for providers including safe starting doses, equianalgesic chart, and standard dosing strengths.

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