

# Oncology

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This Learning Pathway contains training and tools to help oncology professionals meet ASCO clinical practice guidelines for palliative care concurrent with oncology care. It includes continuing education courses in how to communicate with cancer patients about their goals of care and support difficult decision-making, address caregiver burden, and when to refer to specialty palliative care.

## Collaborating with Palliative Care Teams

### **Introduction to Palliative Care for Health Professionals**

An introduction to palliative care, how it is delivered, its impact on quality of life, and the growing population of patients who need it.

### **'I Don't Want Jenny To Think I'm Abandoning Her': Views On Overtreatment**

A narrative article providing perspective on why some clinicians may recommend treatments (DE Meier).

### **Palliative Care Measures in Enhancing Oncology Model**

Crosswalk of palliative care-relevant measures in the Enhancing Oncology Model that highlights how palliative care skills can mitigate risks for participating practices, as well as relevant CAPC resources.

### **Referral Criteria for Specialty Palliative Care**

Checklist of triggers for referral to a specialty palliative care team.

### **Supporting the Family Caregiver: The Burden of Serious Illness**

Assessing and supporting caregivers of people with serious illness.

### **Reducing Risks for Older Adults**

This course provides context and best practices for identifying older adults at risk for poor outcomes, including falls, delirium, and caregiving challenges.

# Best Practice Models

## Palliative Care and the Oncology Care Model (OCM)

Recommended clinician training to improve on OCM measures.

## Case Study: Moffitt Cancer Center's Approach to Identifying Patients with High Symptom Burden

Use of screening to risk-stratify patients for palliative care based on need. CAPC and the Accountable Care Learning Collaborative.

## Overall Survival Results of a Trial Assessing Patient-Reported Outcomes for Symptom Monitoring During Routine Cancer Treatment

Integration of patient-reported outcomes (PROs) into the routine care of patients with metastatic cancer is associated with increased survival compared with usual care. Basch, et. al. JAMA 2017.

## Impact of Interdisciplinary Outpatient Specialty Palliative Care on Survival and Quality of Life in Adults With Advanced Cancer: A Meta-Analysis of Randomized Controlled Trials

Patients with advanced cancer randomized to receive outpatient specialty palliative care lived longer and had better quality of life. Hoerger, et. al. Annals of Behavioral Medicine, September 2018.

# Communication Skills

## Discussing Serious News

Learn best practices for having patient-centered conversations about a serious illness diagnosis.

## Discussing Prognosis With Patients and Caregivers

Learn how to effectively discuss prognosis with patients and their caregivers.

## Clarifying Patient Goals of Care

Learn best practices for building trust, eliciting patient values, and having patient-centered conversations about goals of care.

## Leading a Patient and Caregiver Meeting

Learn to effectively lead meetings that help patients and caregivers become aligned around the patient's goals.

## Care Planning

Learn techniques to help patients and their caregivers plan for the future, both during the early stages of a serious illness and as a disease progresses.

## Billing and Coding for Advance Care Planning (ACP) Services

Requirements, best practices, documentation requirements, and time thresholds for Advance Care Planning (ACP) services.

# Pain and Symptom Management

## Course 1: Comprehensive Pain Assessment

Conducting a comprehensive pain assessment to guide safe and effective treatment.

## Course 4: Assessing Risk for Opioid Substance Use Disorder

Integrating routine risk assessment for substance use disorder when considering or using opioid therapy.

## Course 5: Opioid Trials: Determining Design, Efficacy, and Safety

Designing a safe and effective opioid trial for the patient with serious illness.

## Course 8: Monitoring for Opioid Efficacy, Side Effects, and Substance Use Disorder

Ongoing evaluation of opioid benefits, risks, and side effects for the patient with serious illness.

## Course 14: Pain Management: Putting it All Together

Safe opioid prescribing for patients with serious illness, using the Federation of State Medical Boards (FSMB) Guidelines for the Chronic Use of Opioid Analgesics.

## Anxiety in Patients with Serious Illness

Take this online course to learn evidence-based strategies to identify and treat anxiety in patients with a serious illness.

## Constipation in Patients with Serious Illness

Constipation occurs in at least 70% of patients living with a serious illness and often goes unrecognized. Take this online course to learn critical skills to identify and manage the impact of constipation.

## Depression in Patients with Serious Illness

This online course teaches how to accurately identify and treat depression in patients living with a serious illness.

### **Dyspnea in Patients with Serious Illness**

Take this online course to learn how to manage dyspnea, including the physical causes of shortness of breath and the emotional impact on the patient.

### **Nausea and Vomiting in Patients with Serious Illness**

Nausea and vomiting are common symptoms of serious illness, and can cause dangerous complications. Take this online course to learn practical skills to identify, manage, and reduce these symptoms.

### **CAPC Palliative Care Referral Criteria**

Checklist of triggers for referral to a specialty palliative care team.

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