

# Psychiatry and Mental Health Professionals

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This Learning Pathway contains training and tools for psychiatry and mental health professionals to support patients living with serious illness, including having difficult discussions about goals of care and decision-making, identifying symptoms and substance use disorders that impact quality of life, and addressing caregiver burden.

## **Introduction to Palliative Care for Health Professionals**

An introduction to palliative care, how it is delivered, its impact on quality of life, and the growing population of patients who need it.

## **Discussing Serious News**

Learn best practices for having patient-centered conversations about a serious illness diagnosis.

## **Clarifying Patient Goals of Care**

Learn best practices for building trust, eliciting patient values, and having patient-centered conversations about goals of care.

## **Leading a Patient and Caregiver Meeting**

Learn to effectively lead meetings that help patients and caregivers become aligned around the patient's goals.

## **Course 1: Comprehensive Pain Assessment**

Conducting a comprehensive pain assessment to guide safe and effective treatment.

## **Course 8: Monitoring for Opioid Efficacy, Side Effects, and Substance Use Disorder**

Ongoing evaluation of opioid benefits, risks, and side effects for the patient with serious illness.

## **Supporting the Family Caregiver: The Burden of Serious Illness**

Assessing and supporting caregivers of people with serious illness.

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